### **COURSE OUTLINE**

# (1) GENERAL

SCHOOL	Faculty of Letters				
ACADEMIC UNIT	Department of Philosophy and Social Studies				
LEVEL OF STUDIES	Undergraduate				
COURSE CODE	КΨА050	SEMESTER 1			
COURSE TITLE	Introduction to Psychology I				
INDEPENDENT TEACHI if credits are awarded for separate co lectures, laboratory exercises, etc. If the whole of the course, give the weekly teach	mponents of the	e course, e.g. varded for the	WEEKLY TEACHING HOURS		CREDITS
	Lectures		3		5
Add rows if necessary. The organisation of teaching and the teaching methods used are described in detail at (d).					
COURSE TYPE general background, special background, specialised general knowledge, skills development	General bac	kground			
PREREQUISITE COURSES:	-				
LANGUAGE OF INSTRUCTION and EXAMINATIONS:	Greek (Erasmus students are examined in English)				
IS THE COURSE OFFERED TO ERASMUS STUDENTS	Yes				
COURSE WEBSITE (URL)	URL on UoC e-learning upon beginning of the semester				

### (2) LEARNING OUTCOMES

# **Learning outcomes**

The course learning outcomes, specific knowledge, skills and competences of an appropriate level, which the students will acquire with the successful completion of the course are described.

Consult Appendix A

- Description of the level of learning outcomes for each qualifications cycle, according to the Qualifications Framework of the European Higher Education Area
- Descriptors for Levels 6, 7 & 8 of the European Qualifications Framework for Lifelong Learning and Appendix B
- Guidelines for writing Learning Outcomes

Students will be habituated with basic theoretical data and research methods in Psychology.

More specifically, upon successful completion of the course, students are expected to

- get advanced knowledge in Psychology, which lead to critical understanding of theories and principles
- understand and be able to apply methodological and ethical principles in research issues in Psychology

### **General Competences**

Taking into consideration the general competences that the degree-holder must acquire (as these appear in the Diploma Supplement and appear below), at which of the following does the course aim?

Search for, analysis and synthesis of data and information, with the use of the necessary technology Adapting to new situations

Adapting to new situations
Decision-making
Working independently

Project planning and management Respect for difference and multiculturalism Respect for the natural environment Showing social, professional and ethical responsibility and sensitivity to gender issues Team work

Working in an international environment

Working in an interdisciplinary environment

Production of new research ideas

Criticism and self-criticism

Production of free, creative and inductive thinking

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Others...

- Respect of human rights and multiculturalism
- Sensitization in gender issues
- Exert criticism and self-reflective strategies
- Promotion of free, creative and inductive reasoning

### (3) SYLLABUS

In this course we are discussing basic theories and research methods of Psychology as Social Science. More specifically, we focus on

- relations between inheritance and environmental factors that construe human behavior,
- processes of development and learning,
- cognitive functions (perception, memory, thought and language)
- the role of affects and motives in human behavior and
- students' habituation with issues regarding methodology and research ethics.

### More specific learning objectives:

- Understand basic psychological theories such as: Gestalt Psychology, psychoanalysis, behaviorism, cognitive constructivism, social interaction /cultural context
- Understand research methods such as: experiment, observation, case study, interview, correlation analysis, facto analysis, self-report techniques, survey, psychometrics
- Evaluate reliability and validity of a psychological measure and understand what a representative sample is
- Discriminate between causal and correlational factors that affect human behavior
- Make the difference between a false psychological report and a scientific finding
- Be able to choose the right method to study a specific behavior

# (4) TEACHING and LEARNING METHODS - EVALUATION

<b>DELIVERY</b> Face-to-face, Distance learning, etc.	Face-to-face (distance learning if needed)		
USE OF INFORMATION AND COMMUNICATIONS TECHNOLOGY	Use of ICT in teaching and communication with students		
Use of ICT in teaching, laboratory education, communication with students			
TEACHING METHODS  The manner and methods of teaching are	Activity	Semester workload	

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described in detail.	13 Lectures	39 hours	
Lectures, seminars, laboratory practice, fieldwork, study and analysis of bibliography, tutorials, placements, clinical practice, art	Study and analysis of	36 hours	
	bibliography		
workshop, interactive teaching, educational visits, project, essay writing, artistic creativity,	Preparation for the	50 hours	
etc.	exams		
The student's study hours for each learning			
activity are given as well as the hours of non-			
directed study according to the principles of			
the ECTS	Course total	125 hours	
STUDENT PERFORMANCE			
EVALUATION	-Written exams (in Greek and English)		

Description of the evaluation procedure

Language of evaluation, methods of evaluation, summative or conclusive, multiple choice questionnaires, short-answer questions, open-ended questions, problem solving, written work, essay/report, oral examination, public presentation, laboratory work, clinical examination of patient, art interpretation, other

Specifically-defined evaluation criteria are given, and if and where they are accessible to students.

-Evaluation criteria

- 1. Answer an open-ended question......70%
- 2. Multiple choice questions......30%

# (5) ATTACHED BIBLIOGRAPHY

- Suggested bibliography:
- Wade, C. & Tavris, C. (2018). Ψυχολογία (επιμ. έκδοσης: Μ. Μαρκοδημητράκη & Β. Τσούρτου, μετφ. Π. Πολυματίδου). Θεσσαλονίκη: Εκδόσεις ΤΖΙΟΛΑ.
- Schacter, D.L., Gilbert, D.T., Wegner, D.M., & Nock, M. (2018) Εισαγωγή στην Ψυχολογία. (Επιστημ. Επιμέλεια: Σ. Βοσνιάδου). Αθήνα: Εκδόσεις Δαρδανός.
- Related academic journals:

Adolescence **American Psychologist Child Development** Cognition **Cognitive Psychology Developmental Psychology Developmental Science Emotions** 

Journal of Personality and Social Psychology

Journal of Applied Psychology

Infancy

New Ideas in Psychology